

Dating and dosimetry using thermally- and optically- stimulated luminescence from minerals

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Luminescence-dosimetric processes in natural mineral crystals and the evaluation of dose-rates from naturally occurring radioactive materials will be briefly reviewed.

Case studies in dating and dose-monitoring of geological and cultural heritage materials will focus on spatial variability in dose rate and the luminescence behaviour of 'quartz'.



Luminescence Background

Non-thermal photon emission, *c.f.* incandescence

Ubiquitous phenomenon

Chemiluminescence observed since antiquity as bioluminescence

Minerals: phosphorescence following light exposure observed first

Thermally stimulated luminescence
(thermoluminescence: TSL or TL)
Coined late C19 but probably first described
scientifically by Robert Boyle in 1664

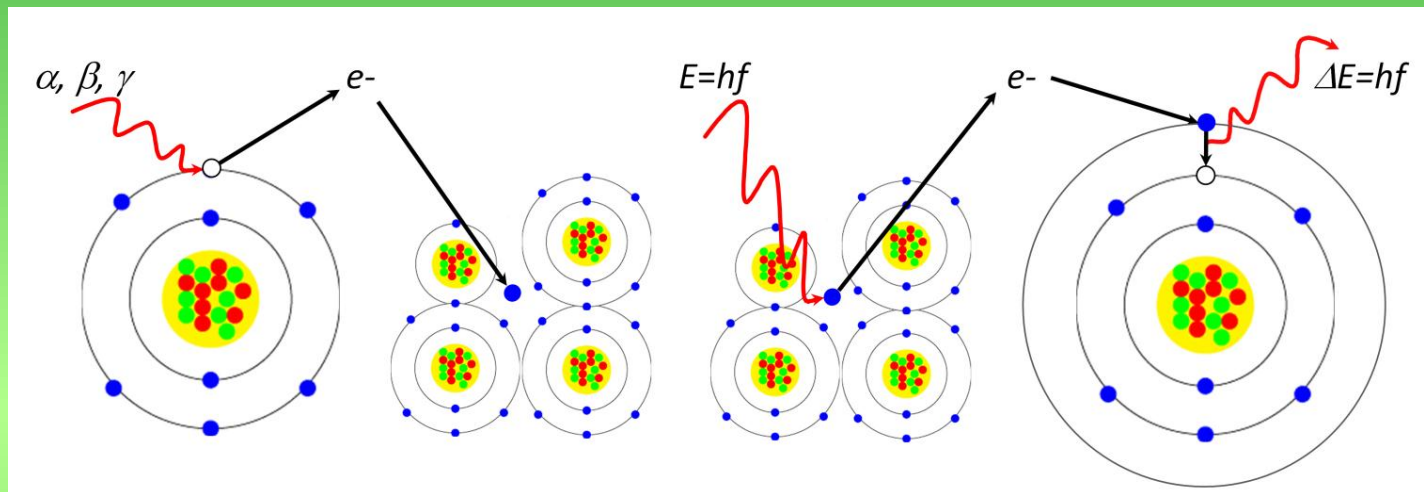
Emission of light from a diamond warmed
against his skin, *i.e.*, not incandescence

Heating is a secondary physical process
in the production of the TSL signal

Ionizing radiation and its effects not understood
at the time



Thermally- and Optically- Stimulated Luminescence Processes



Primary
Irradiation:
Ionisation

- electron
- hole

Migration
and
Trapping

- defects
- impurities
- vacancies
- interstitials

Secondary
Irradiation
(Stimulation)

- Heat (phonon)
- thermodynamic
- Light (photon)
- electromagnetic

Recombination,
Deexcitation,
Emission:

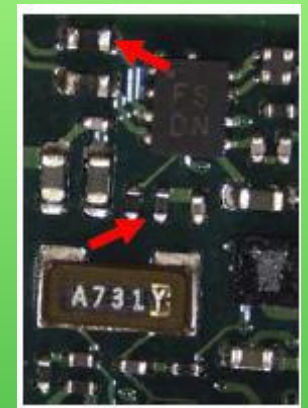
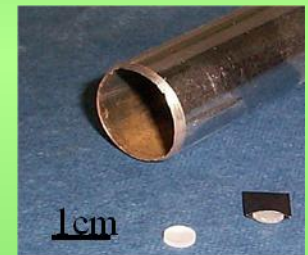
- thermally
stimulated
luminescence
- optically
stimulated
luminescence

Materials for Luminescence Dosimetry

Anything containing inorganic crystals or micro-crystalline inclusions may be attempted (*wide bandgap*).

- Quartz and feldspars most common natural minerals
- Fluorides, sulphates, alumina, etc. as manufactured TLDs
- Zircon, glasses, quartzite, calcite, electronic components etc, etc ... but their characteristics are often more complex
- Other oxides, iodides, etc. as scintillators

In all cases it is their defects that permit luminescence dosimetry



Types of Luminescence Induced by Radiation

Prefix	Irradiation		Detection
-Luminescence	Type	Energy	Energy ^a
Primary Irradiation			
Photo-	Photon beam/radiation	Theory: any including ionising. Practice: generally MidIR-UV: 10^{-2} - 10^2 eV	Mainly Stokes
Cathodo-	Low energy accelerated electron	10^0 - 10^3 eV	Any
Radio-	Ionising radiation: X; γ ; β /high energy accelerated electron; α	10^3 - 10^7 eV	Any
Iono-	Ion beam: accelerated ion ranging in mass from proton to heavy charged particle	10^3 - 10^7 eV	Any
Secondary Irradiation			
Thermo- / Thermally Stimulated-	Thermodynamic eviction of charge from traps filled during primary irradiation	Limits defined by coolant and incandescence: 77-1000 K = 10^{-3} - 10^{-1} eV	Any
Photon / Optically Stimulated-	Electromagnetic eviction of charge from traps filled during primary irradiation	Theory: any including ionising. Practice: generally NIR-UV: 10^{-1} - 10^2 eV	Use Anti-Stokes
a. Generally MidIR-UV: 10^{-2} - 10^2 eV			

Luminescence Signals and Timing

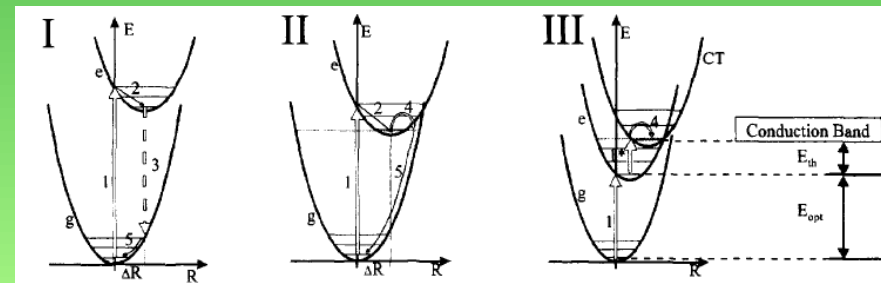
Signal		Photon Emission				
	Process	Precursor Process	Time-scale	Energy Distribution	Energy Region	Temperature Dependence
Fluorescence	Absorption of energy and promotion of electrons in atoms/molecules to excited states	De-excitation	$\sim 10^{-12}$ - 10^{-8} s	Permitted electronic transitions for de-excitation of centre	Less than precursor energy (Stokes), unless molecule / atom already excited	- Energy distribution (line broadening) - Intensity (quenching)
		Delayed de-excitation (quantum state change)	$\sim 10^{-12}$ - 10^{-3} s			
Phosphorescence	Absorption of energy and excitation of electrons of atoms/molecules to a dissociated state (ionization)	De-excitation following trapping and / or recombination	$\sim 10^{-12}$ s - ∞		As above, or unrelated to precursor energy if recombination occurs in a centre other than the donor	- Decay rate (detrapping) - Energy distribution (line broadening) - Intensity (decay rate/ quenching/ assistance)

Thermally- and optically- stimulated luminescence are forms of recombination phosphorescence where the signals emerge so slowly that they require secondary irradiation (stimulation) to be produced at detectable rates

Representations of Charge Trapping and Transfer

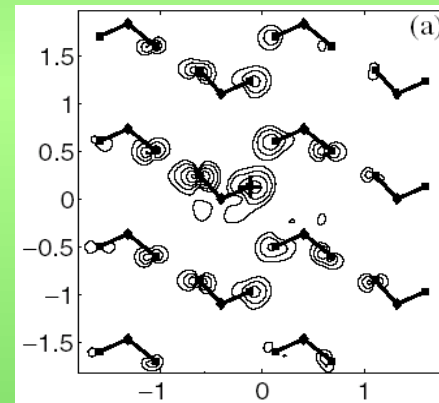
Configurational coordinate diagram

- Energy and Spatial
- Trap/Centre
- Excitation and recombination
- ... Emission energies ...



Spatial probability distribution

- Migration and Trapping
- Lattice
- Mobility of charges/ions/defects



Krbetschek et al.,
1997. Radiat. Meas.
27, 695-748.

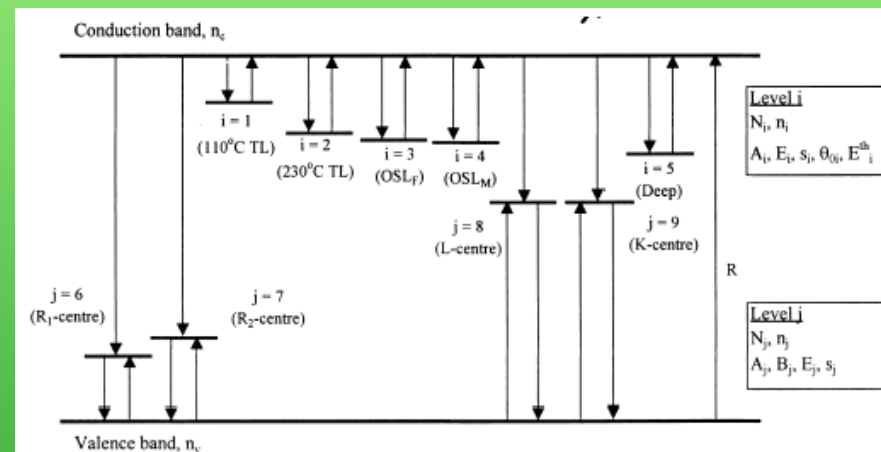
Energy level diagram

- System of Traps/Centres
- All steps but just E

Bailey, 2001. Radiat.
Meas. 33, 17-45.

- **Response to dose**
- **Response to activated pre-dose**

- Trapping energetically unstable
- "Metastable", "Thermal lifetime"
 - **fundamental limit on dating**



Luminescence Dosimetry – Experimental Setup

Sample

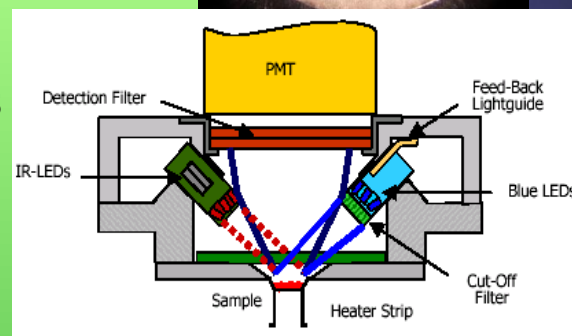
- Defined mineral and grain size fraction prepared
- Light sensitive signals, so dark-room conditions
- Presented on 1 cm steel disk in monolayer

Measurement Chamber

- Heater plate
- PMT directly above
- Incident LED/Laser sources
- Detection (and stimulation) filters

Calibration Source(s)

- Sealed radioactive source
- Beta $^{90}\text{Sr}/^{90}\text{Y}$ plaque
- Alpha ^{241}Am foil
- (or X-ray tube)
- (or external gamma)
- Simplest if energy response of mineral grains is equivalent to the exposure to be evaluated



Detector Configuration
Risø Manual

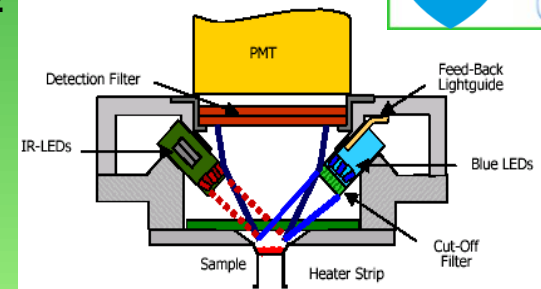


Thermally- and Optically- Stimulated Emissions

Wavelength

Various bands identified: most by TL
 Similar for OSL (conduction band)

Detector Configuration
 Risø Manual



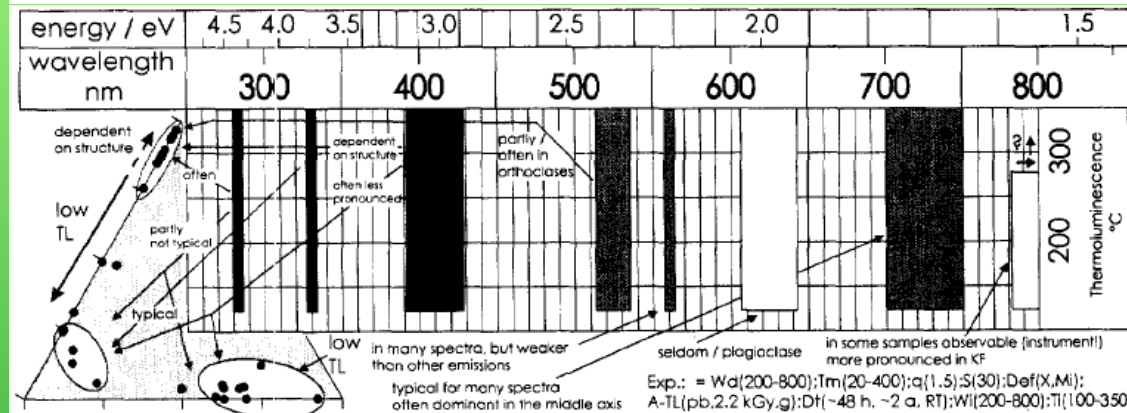
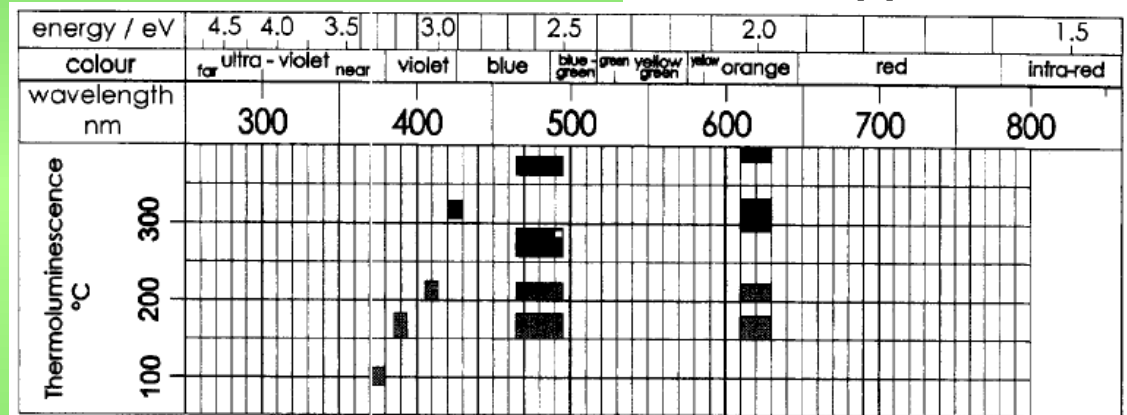
Bands in range
 350 – 450 nm
 most common
 for dating

- TL: incandescence
- OSL: scattered light

Emission - Centre

Some more or less well known: e.g. Quartz
 "380" nm: AlO_4/M^+

Details hazy
 Most have various proposals



Main emission bands of quartzes and feldspars
 Krbetschek, M.R., Gotze, J., Dietrich, A., Trautmann, T.,
 1997. Radiat. Meas. 27, 695-748.

Thermally- and Optically- Stimulated Signals - Examples

- TSL: Different Rates, Stepped, Isothermal*
- OSL: Continuous, Ramped, Pulsed
- Preheating

Many techniques and as much jargon ...

*i.e. phosphorescence

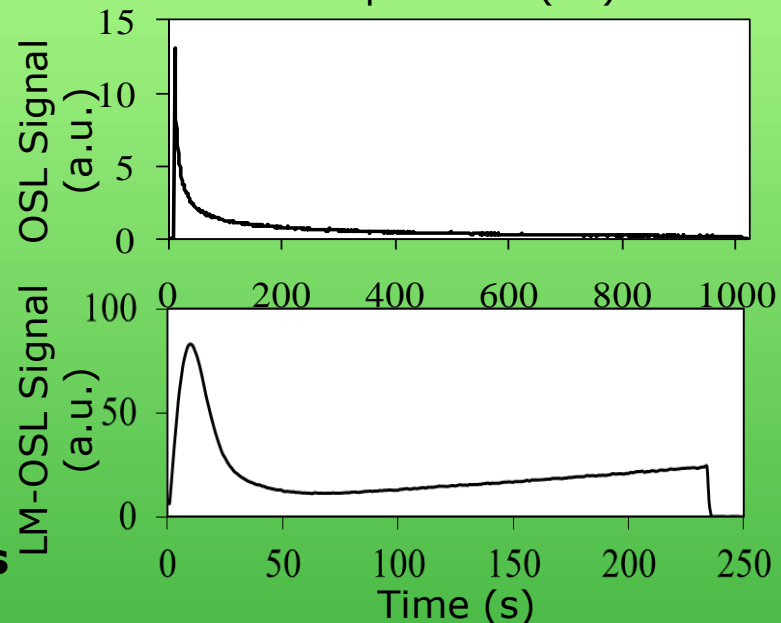
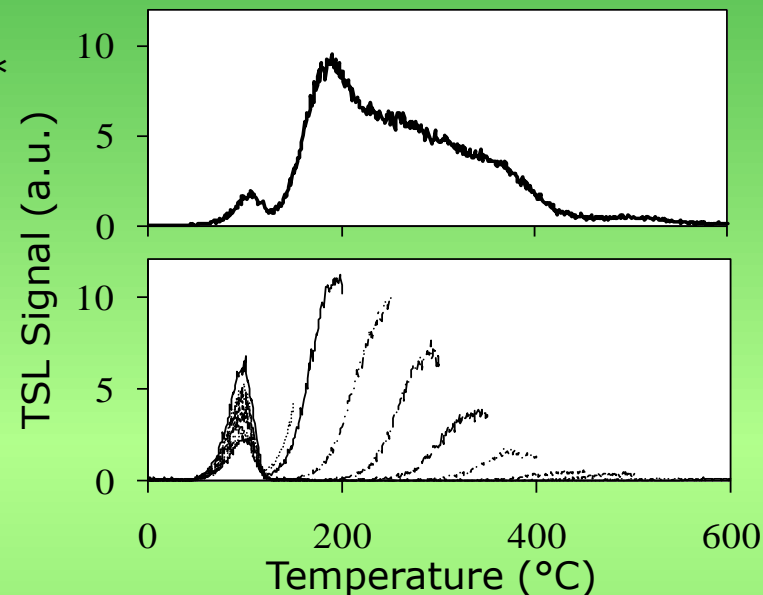
Some variants of interest:

Predose TSL: response to small test-dose, as a function of previous irradiation and annealing

LM-OSL: Ramped or "linearly modulated"

TT-OSL: "Thermally transferred", by measuring the normal OSL, then remeasuring after a higher preheat

- **All are transient signals**
- **Different trap types**
- = **different rates/temperatures**



Dose Response and Evaluation of Absorbed Dose

1st order kinetics = exponential
(*i.e.* temperature dependence well described by the Arrhenius equation)

Thus, basic saturating exponential dose response:

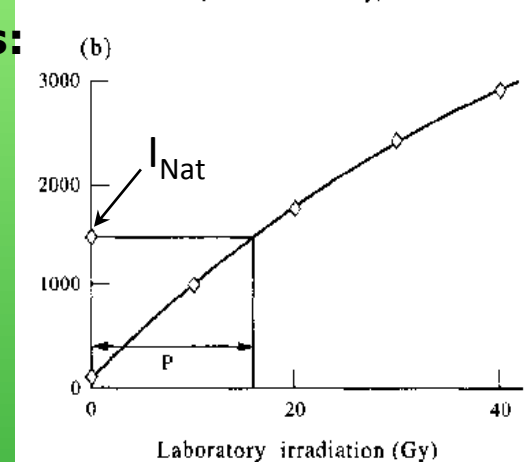
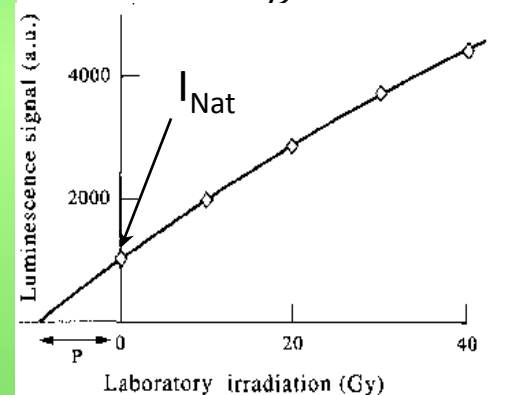
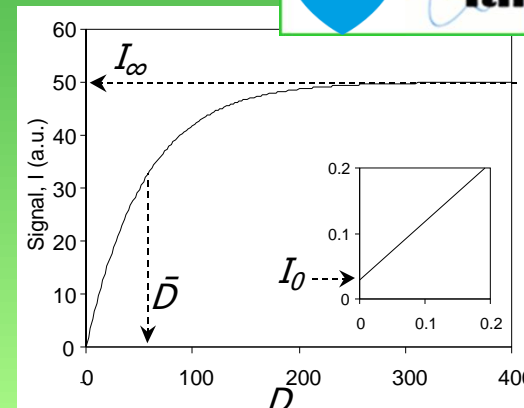
$$I = I_0 + I_\infty (1 - e^{-D/\bar{D}})$$

D in Gy (J/kg)

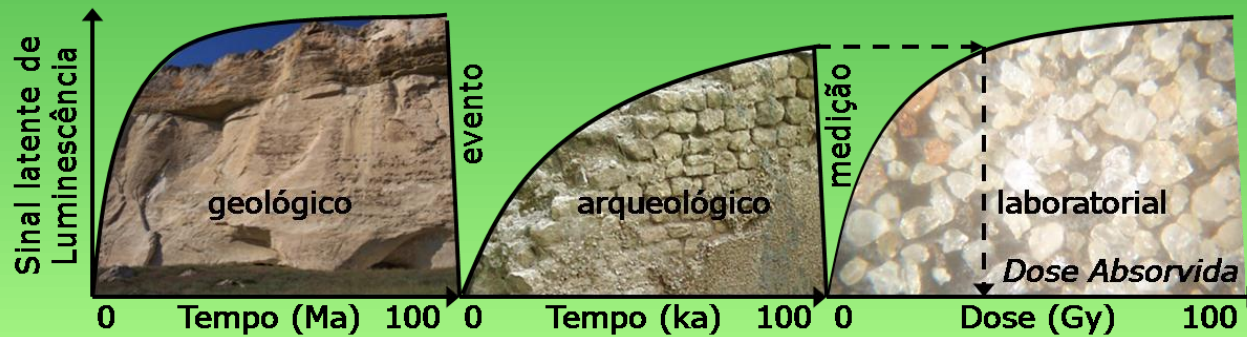
\bar{D} "mean dose-life of signal saturation"
= inverse of rate constant

Calibrate as-found signal by generating a dose response characteristic (DRC) with controlled doses:

- additive (dose normalized)
 - regenerative with sensitivity monitor
 - predose sensitization
- Saturation defines useful dose range**



Thermally- and Optically- Stimulated Luminescence Dating



$$Age(a) = \frac{AbsorbedDose(Gy)}{DoseRate(Gy/a)} = \frac{D}{\dot{D}_{\alpha} + \dot{D}_{\beta} + \dot{D}_{\gamma} + \dot{D}_C}$$

D Ionizing radiation absorbed since event:

- crystallization, heating, light exposure, crushing, etc.
- 10^{-1} - 10^3 Gy (10^{-5} - 10^5 Gy +), $> \pm 3\% @ 1\sigma$

\dot{D} Average rate of absorption of ionizing radiation by sample since event.

- NORMs, Cosmic, H_2O , Uniformitarianism/Reconstruction
- Radiation Dosimetry & Spectrometry, Water retention tests, etc
- 10^{-4} - 10^{-2} Gy/a, $> \pm 3\% @ 1\sigma$

Age Time since event: 10^2 - 10^5 a (10^{-2} - 10^6 a +), $> \pm 4\% @ 1\sigma$

- **stability, saturation & dose rate define useful age range**

Natural Radioactivity and Spatial Variability

Four major contributors:

1. Potassium: $^{40}\text{K} \rightarrow ^{40}\text{Ca} + ^{40}\text{Ar}$ (β, γ)

2. Uranium: $^{238}\text{U} \rightarrow ^{208}\text{Pb}$ via series (α, β, γ)

3. Thorium: $^{232}\text{Th} \rightarrow ^{208}\text{Pb}$ via series (α, β, γ)

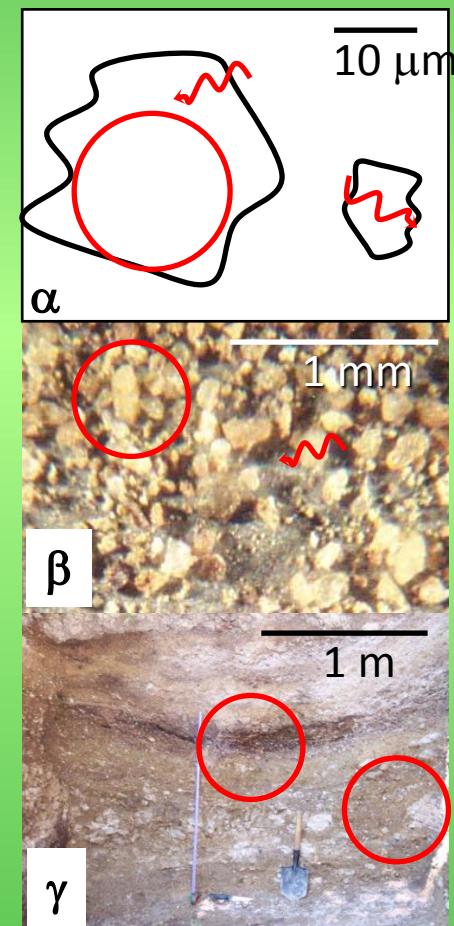
- primordial radionuclides, long $T_{1/2}$
- oxides at different concentrations
- mix of emitters and absorbers
- gradients in dose rate at different scales:
 $\alpha \sim 0.001 \text{ gcm}^{-2}$, $\beta \sim 1 \text{ gcm}^{-2}$, $\gamma \sim 100 \text{ gcm}^{-2}$
- E and hence attenuation/absorption varies with parent and through series

Principle of evaluation of dose rates from NORMs:

- Measure bulk K, Th, U ppms, or α, β, γ , dose rates
- Estimate silicate-equivalent infinite matrix dose rate
- Remove exterior of sample: some external contributions
- Correct for attenuation/absorption of remainder

4. Cosmic radiation (at/near earths surface):

- principally electron showers from relativistic muons
- $\sim 100 \text{ gcm}^{-2}$ & $\sim 100000 \text{ gcm}^{-2}$
- time averaged dose rate calculated: lat., long., alt., depth.



Natural Radiation and Temporal Variability

Changes in the sample's physical environment?

- e.g. museum pieces

Water content:

- H₂O mass-attenuation differs from silicate matrix
- 1% H₂O mass fraction difference ~ 1% age difference
- water retention measurements to delimit likely range

Disequilibrium in the Th and U series:

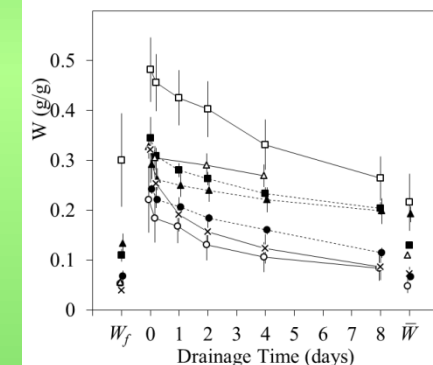
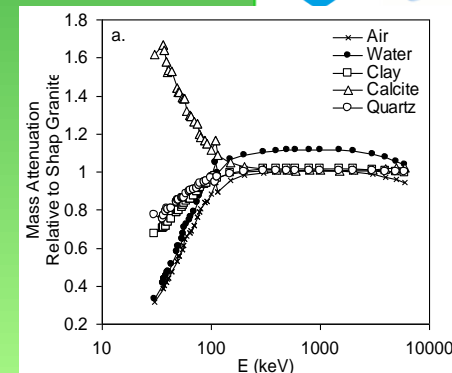
- U & Ra relatively soluble in water... potential for exchange where sample differs from surroundings
- Rn gaseous...

U-series post-Rn dose rate:

c. 60 % of α & β

c. 99 % of γ

Contextual information, reconstruction, and evaluation of potential variability



Isotope	$T_{1/2}$	γ Emission (keV)	Intensity
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²³⁸ U	4470 Ma		
²³⁴ Th	24,1 d	62	0,040
		93	0,054
²²⁶ Ra	1599 a	186 [†]	0,033
²¹⁴ Pb	26,8 m	242*	0,075
		295	0,191
		352	0,369
²¹⁴ Bi	19,9 m	609	0,468
		1120	0,154
		1238	0,061
		1765	0,162
		2204	0,052
²¹⁰ Pb	22 a	45	0,045

Dose Rate Evaluation

NaI field gamma spectrometers

- Radioluminescence
- Low energy resolution: ^{40}K , ^{214}Bi , ^{208}Tl
- Spatially averaged field to ca. 500 kg

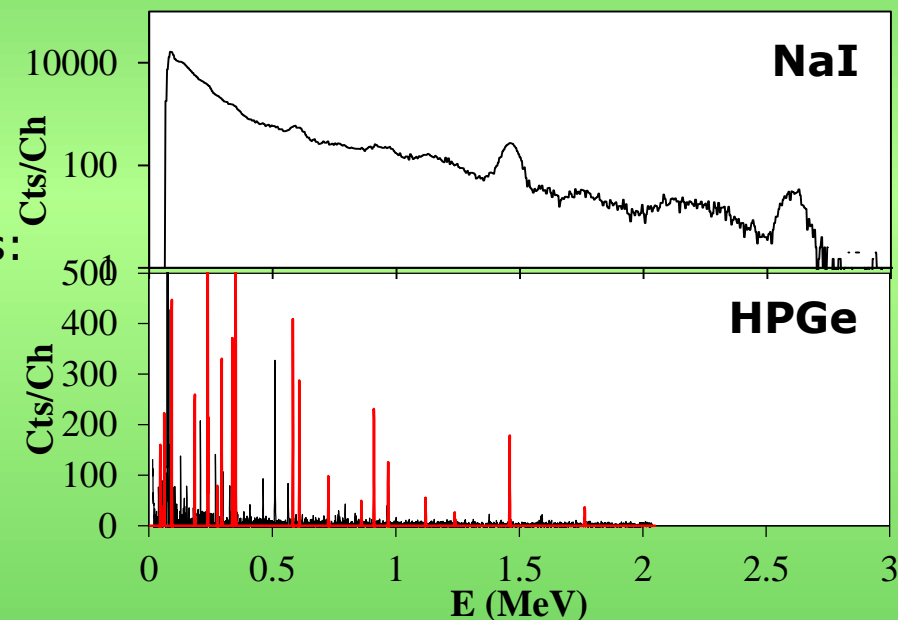
HPGe lab' gamma spectrometers

- 'Radioconductivity'
- High energy resolution
- Large 'natural' samples or subsamples:
20 - 400 g
- 17 different emissions through K, Th and U series

INAA: Portuguese Research Reactor & HPGe lab' gamma spectrometers

- Small neutron activated subsamples:
0.2 g
- Up to 30 different parent isotopes including ^{39}K , ^{232}Th and ^{238}U

***If all agree then all is well...
If not, certain spatial/temporal
effects can be constrained***



Dose Rate Evaluation: VADOSE project

Reevaluate accuracy of environmental dose rate estimates in soils and sediments

- evaluate radioactivity and absorption characteristics at different spatial scales (μm -km)
- contrasting soils and sediments
- transport models tailored to each
- assess accuracy of predictions from routine measurements
- develop simple improved models

So far:

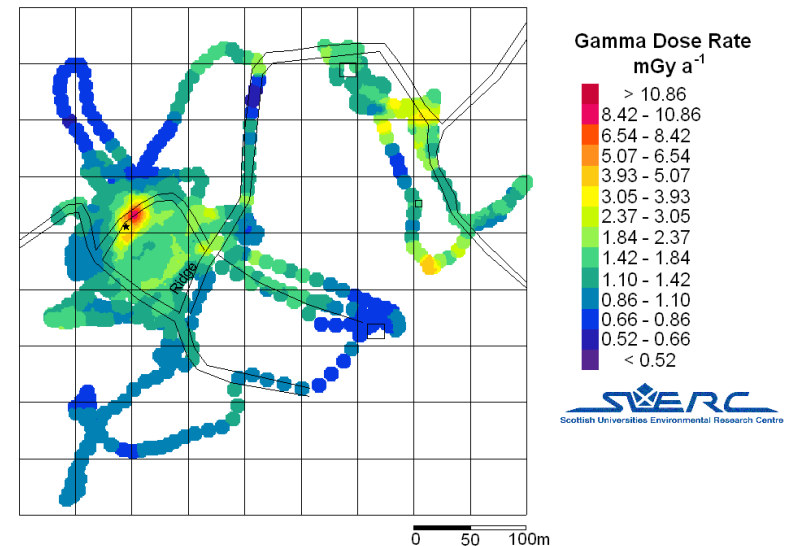
Sampling (100 kg each site)

- sediments: clay, sand, mixed
- soils: granite, schist, limestone
- uraniferous

Field gamma spectrometry survey and 4pi measurements in sampling locations



Entre Castelos



Luminescence dating of soils, sediments and ceramics

Example:

ex-Palácio dos Lumiares, Bairro Alto

- Rescue excavation ERA S.A.
- Hillslope near ex-water course

OSL absorbed dose evaluation

- sand-sized quartz grains
- soils/sediments and ceramics

Field Gamma Spectrometry

- points of sampling and representative

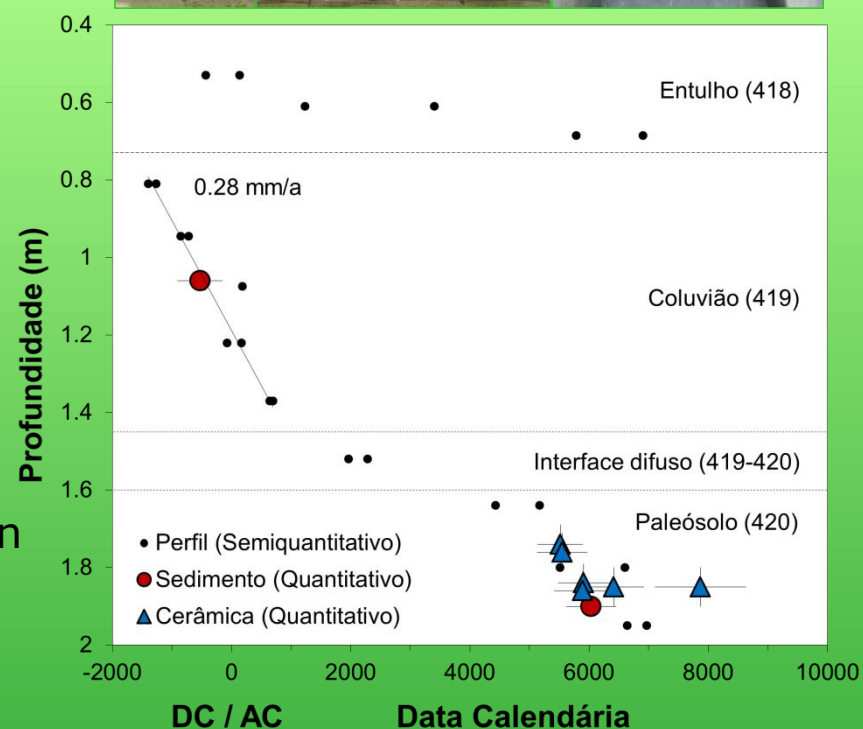
Instrumental Neutron Activation Analysis

- soils/sediments and ceramics

...also profiling...

Chronostratigraphy and process

- Early Neolithic occupation of Lisbon
- Hiatus/erosion late prehistory
- Colluviation: Roman to C16-construction
- Residuals in rubble



Profiling of archaeosediments

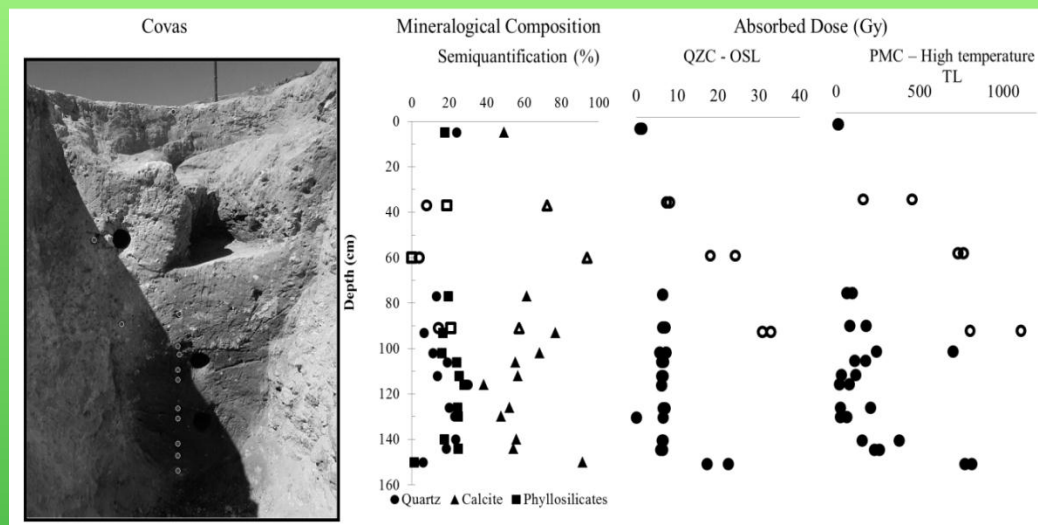
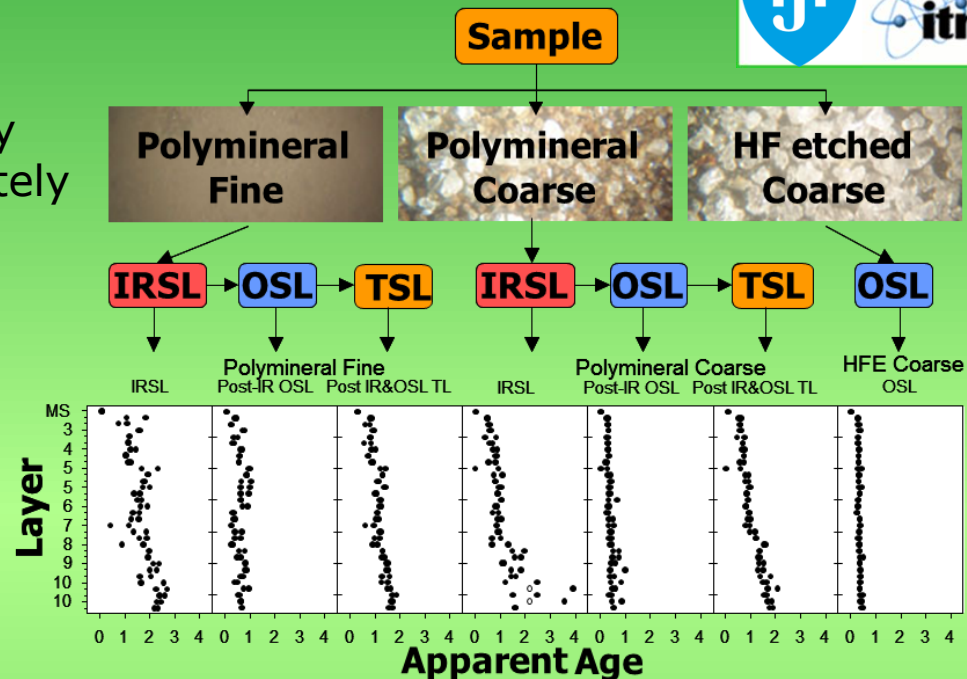
Sediments ubiquitous, but potentially complex: success in dating is intimately linked to sedimentary process.

Assess datability and contextualise absolute dating results

- Basic, rapid survey
- Many samples ~5g down section
- Fractions: PMF, PMC, HFC
- Measurement: IRSL, OSL, TSL
- 1 calibration dose

Range ca. 0-100 Gy

Phases of accumulation
Identification of residuals
Semiquantitative ages
Relate to mineralogy: XRD



Authenticity testing of ceramics



Terracotta

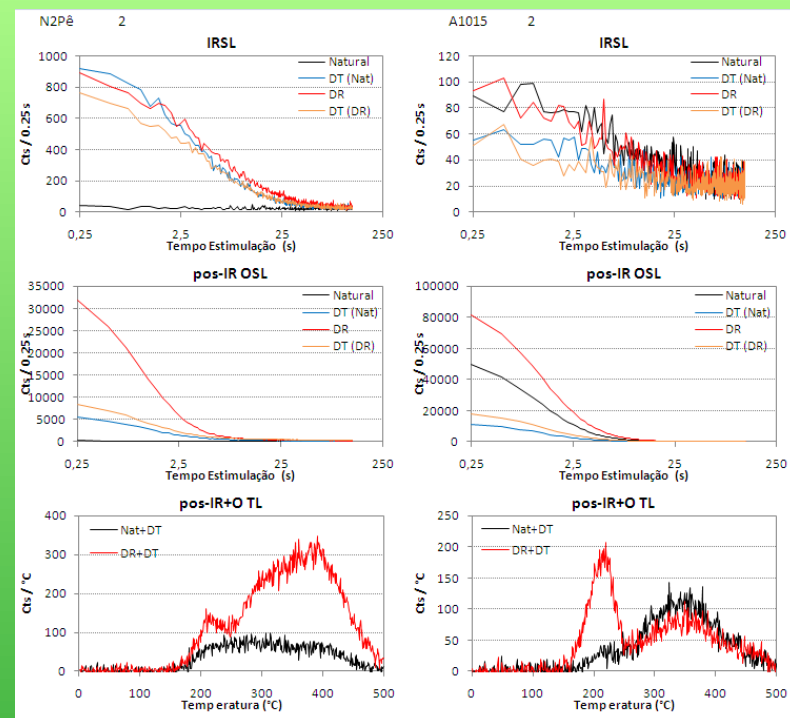
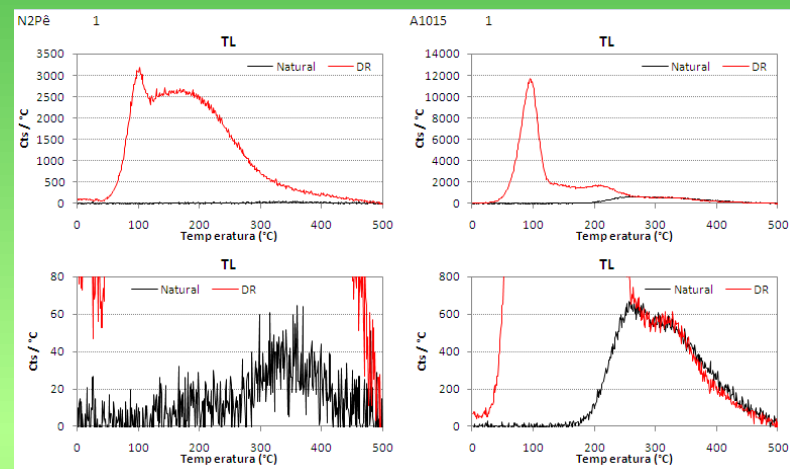
- A rich source of silicate minerals
- Fired between 400 and 700 °C

Drill < 1 g powder

Simple preparation (acid wash): PM

Similar measurements to profiling

Is as-found dose as large as expected large for stable signals? (1-10 Gy)



Detection of multi-kGy doses to ceramics

IAEA TC Project RER/0/034
 Regional Training Course on Radiation Technology for
 Cultural Heritage Preservation Theme IV.
 Retrospective evaluation of absorbed dose within
 objects using stimulated luminescence

Introduce non specialists from a range of
 backgrounds to luminescence-dosimetric
 methods applied to cultural heritage materials.

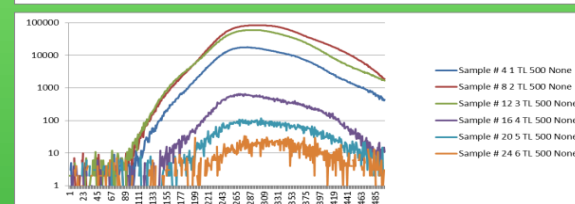
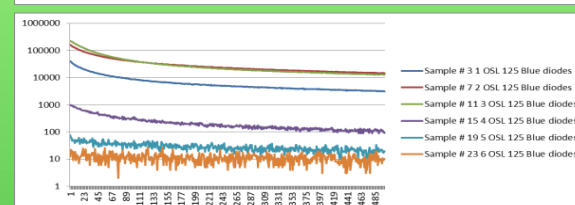
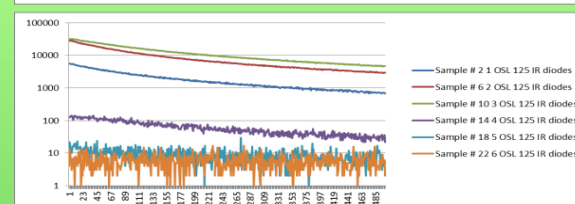
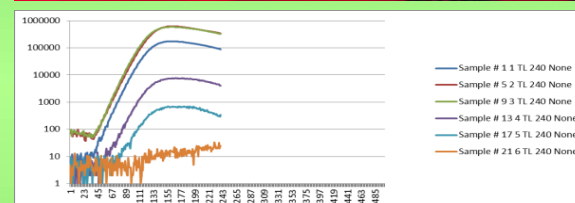
Lab. exercise: 2 hrs inc. data processing

- Micro-invasive sampling by drilling
- Preparation of silicates by acid washing
- IRSL, OSL and TSL measurement

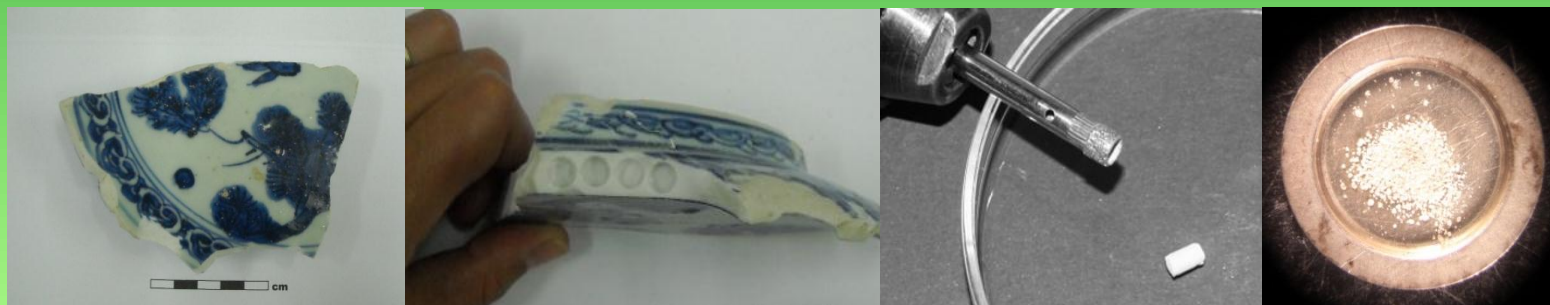
Terracotta – Roman amphora:

- lots of well behaved minerals
- One subsample irradiated, 10kGy
- Other contains only archaeological dose

Objective: distinguish between the irradiated and un-irradiated subsamples.



Luminescence analysis of high fired ceramics



Faience and Porcelain trade in Lisbon, 1500-1750AD

- P: Mullite: firing $> \sim 1050\text{ }^{\circ}\text{C}$
- F: Gehlenite+Diopside $> \sim 900\text{ }^{\circ}\text{C}$
- Quartz grains: mg quantities

Pre-dose response of 110 °C TSL

- Irradiate, measure and 'activate' to 500 °C, repeat...

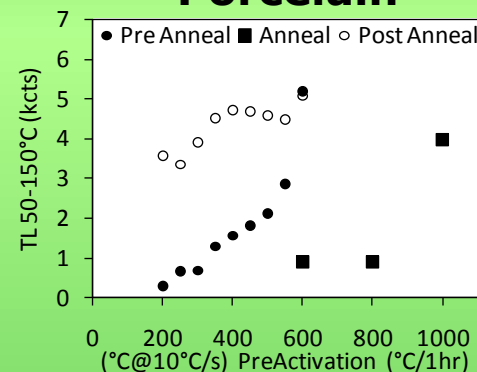
- Non-linear DRC: new protocol to reduce extrapolation errors resets sensitivity by annealing
- Anneal induces different changes in pre-dose sensitization:

Firing temperature

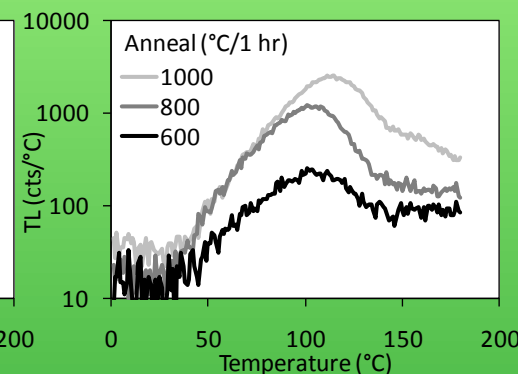
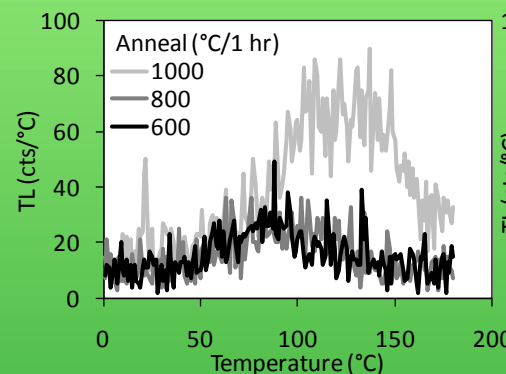
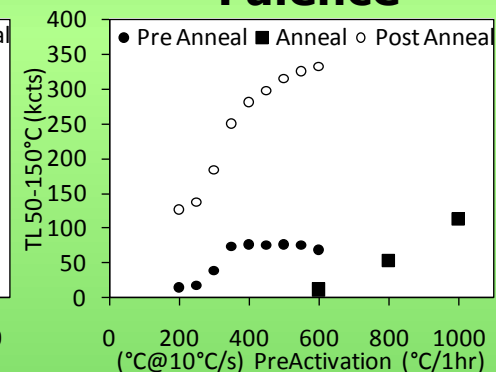
Phase changes

Ionic mobility

Porcelain



Faience



Luminescence-dosimetric processes in quartz

Quartz grains prepared from:

- Pegmatite: milky, strongly etched, Li rich
- Granite: transparent, well crystallized, resistant

Examine differences/changes in emissions and radiation sensitivity following phase changes

RL Spectra – CUDAM, UNIMIB

- Measure during irradiation, repeat: 300-1000 nm
- Etched surface vs. 'fresh' interior

TSL Bands – GeoLuC, IST/ITN

- Anneal: rt, 600, 800, 1000, 1100 °C/1hr
- Irradiate & Activate: 500 °C
- Irradiate & Measure: NUV, B, G-Y, O-R

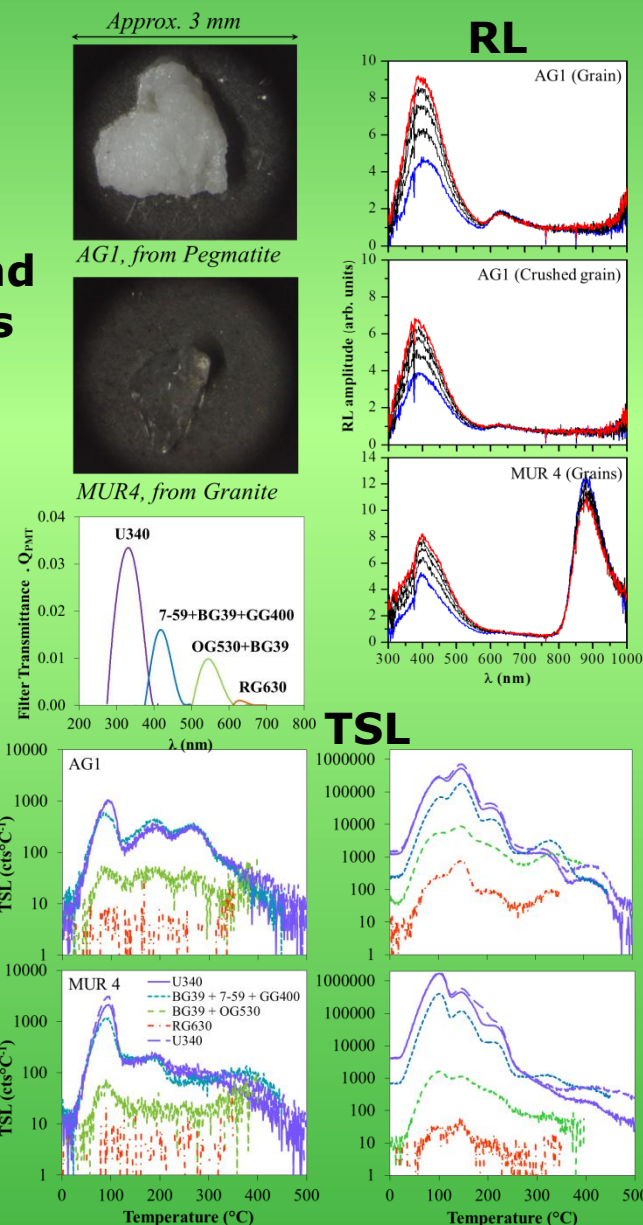
B emission common

NUV & O-R strong in pegmatitic quartz

NIR from granitic quartz

Max. sensitization: <200°C TSL in NUV, similar for O-R in pegmatite

O-R emission related to surface defects



Monitoring of multi-kGy doses to historic tiles

Doses to deactivate microorganisms in ceramics are expected to be “quartz equivalent” and might be retrospectively evaluated using small samples from the ceramics themselves

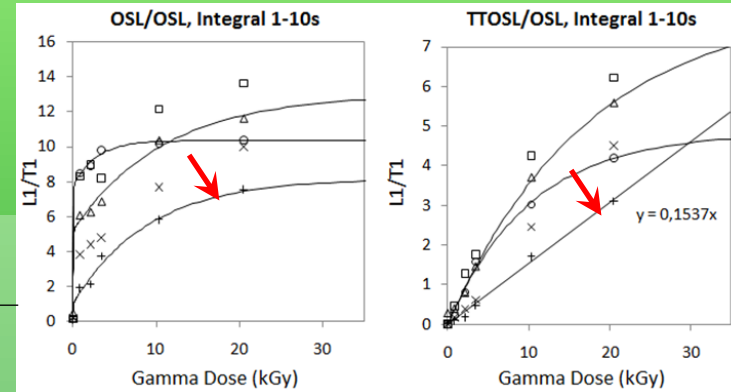
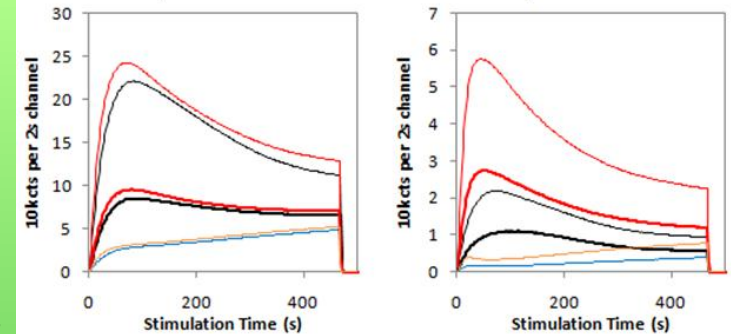
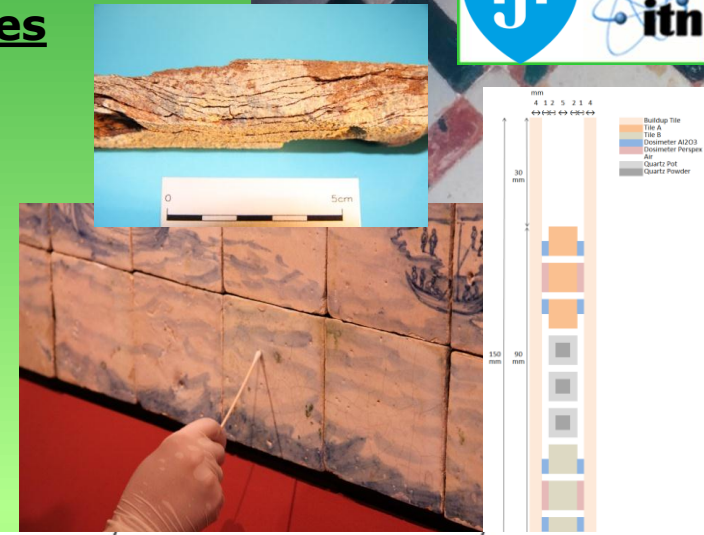
Evaluate ‘high growth’ OSL signals: e.g. ‘TTOSL’ = Preheat, OSL, preheat higher, OSL again

- Gamma irradiation of ceramic sherds 0-22 kGy
- CHIP, S.A. IST/ITN Campus. 250 kCi ⁶⁰Co.
- LMOSL to limit max. count rates
- Generate beta DRC in lab’ and attempt to recover gamma doses

Approximately linear growth in TTOSL to multi kGy doses following higher preheats

13% underestimates of gamma doses – not a bad start

Signal	Preheat	Range	Mean % Residual
OSL	1-10s	280 300 >1 kGy	-35
TTOSL	1-10s	280 300 >1 kGy	-13

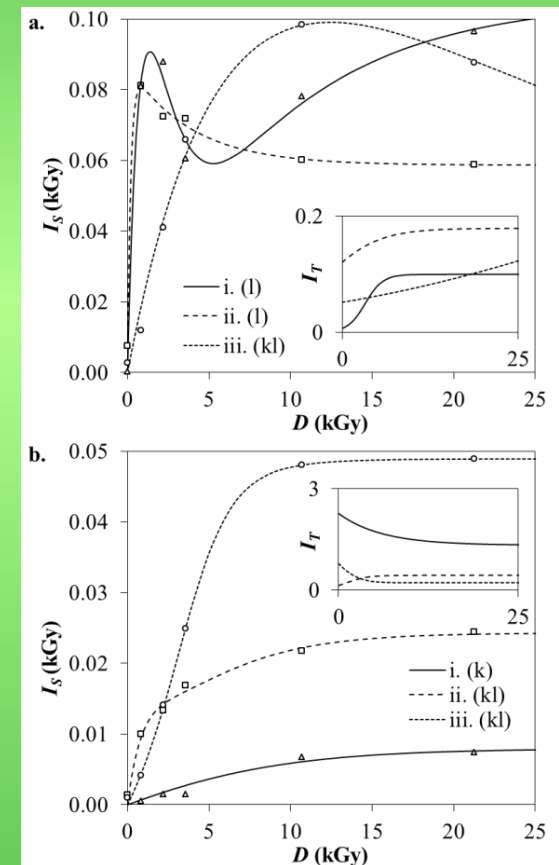


Monitoring of multi-kGy doses to ceramics

Recent re-analysis:

- Complex DRCs can be explained simply by differences and changes in the relationship between the signal and the test/normalization signal.
- TT-OSL DRCs appear to relate to greater dose dependent relative supralinearity in the test/normalization response.
- If truly dose dependent, such effects do not make absorbed dose evaluations inaccurate, they merely complicates analysis of the DRC.

A relatively simple general form has been developed for fitting DRCs to help evaluate such effects





Conclusions

Luminescence dating and dosimetry at GeoLuC, UCQR, IST/ITN:

- Combination of retrospective and environmental dosimetry
- Applied principally to cultural heritage and geological materials
- Dating human history and the quaternary
- Authentication and evaluation of high and low radiation doses
- Environmental dose-rate evaluation by radioactivity surveys

development of applications, methods and basic understanding

- Studies complex natural systems
- Has a strong and relevant basis across physics disciplines
- Has much scope for further basic research

In IST/ITN we have a good and growing base in Luminescence Dosimetry and related analyses:

- GeoLuC, UCQR: dating, retrospective, environmental dosimetry, cultural heritage, geology ...
- UPSR: personnel, environmental, medical dosimetry ...
- RPI: personnel (neutron), medical dosimetry ...
- UFA: IL spectrometry ...

Aim: further this through current submissions and integration in IST

